



St. Arnold Center for Integral Development

where Body, Soul/Mind, and Spirit meet

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ABOUT SACID

St. Arnold Center for Integral Development (SACID) is a mental health center that was established in 2008. It obtained SEC, BIR, and QC government recognition in 2012. SACID assists in the affective development of seminarians, religious males, and females, priests and laypeople through psychological assessments, counseling/psychotherapy, seminars, and workshops.

SACID also serves as a training site for undergraduate and graduate students from different universities in the Philippines. The center provides rigorous hands-on training to prepare all interns to practice as competent mental health practitioners. SACID also provides training for male/female religious as well as priests who work in the Formation program.

VISION

The center of choice for psychological services attentive to integrative growth witnessing to God's presence in the world.

MISSION

To facilitate the integration of body, mind, soul, and spirit toward human transcendence

SACID QUALITY POLICY

SACID is committed to upholding the best interests of its multicultural clients/patients by providing effective, empathetic, and efficient clinical interviews, clinically sound psychological assessments, diagnoses, treatment plans as well as aftercare program suggestions and recommendations, networking, and referrals highly responsive to the needs and expectations of the clients/patients and stakeholders.

To achieve this, SACID will:

- Maintain proactive and professional attitudes and behavior in helping and protecting its clients by upholding client confidentiality and privacy throughout the counseling/psychotherapy/assessment process.
- Provide culturally sensitive and inclusive care to clients from diverse backgrounds.
- Actively respond to clients' needs within the ethical, legal, and moral frameworks of Clinical/Counseling Psychology through continuous training and development of its Experts and interns.
- Continuously enhance service quality through transparency, accountability, and integrity, grounded on best practices and a culture of excellence

SACID Implements Quality Service by Strong Work Ethic

- **Setting Clear Goals:** Define the goals and break them down into manageable steps.
- **Prioritizing Time Management:** Develop effective time management skills to maximize productivity.
- **Embracing Accountability:** Take responsibility for one's actions and hold oneself accountable for one's work.
- **Staying Persistent:** Maintain focus and determination, even when faced with challenges.
- **Seeking Continuous Improvement:** Always strive to learn and grow in one's chosen field.
- **Staying Organized:** Develop organizational skills to streamline one's work processes.